

ASTHMA

Due to the ever increasing prevalence of asthma both in the community as well as in our school, now more than ever we all need to know the triggers, symptoms, and ways to manage children with asthma. The more you know, the more you will be able to recognize not only when your child is having an asthma attack but you may be able to even prevent it from occurring. To help you learn more about asthma and ways to manage asthma, I have added links to some really helpful websites on the health services web page.

We would also like to have as much knowledge and information about your child's asthma. The more we know, the better able we will be to help manage your child's asthma during the school day. If your child has been diagnosed with asthma, please make sure that this is noted on our Annual Health Services Survey form. This form is located under "forms" on the health services page. Please also know that your child may keep any medication necessary to manage his/her asthma here at school by simply having your physician complete our medication authorization form (also located under "forms"). Your signature is also required on this form.

As always, if you have any questions, feel free to contact me directly at (847) 462-2418.

Sincerely,

Destiny Sadoski, RN, BSN
District #3 Nurse

IMPORTANT ASTHMA/ALLERGY WEBSITES

American Lung Association of Illinois— <http://www.lungilia.org>

Asthma and Allergy Foundation of America— <http://www.aafa.org>

Asthma Friendly Products— <http://www.asthmafriendly.com/asthma-products>

Environmental Protection Agency— <http://www.epa.gov/asthma/awm>

National Heart, Lung and Blood Institute—

<http://www.nhlbi.nih.gov>

US EPA -Asthma and Indoor Environments--

<http://www.epa.gov/asthma/awm/illinois.html>