

FOX RIVER GROVE SCHOOL DISTRICT 3



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Dr. Tim Mahaffy,
Superintendent

“Educational Excellence is the Pathway to a Successful Future”

Date: April 30, 2009

To: Parents and Staff of School District 3

Re: Swine Flu - Update

We are putting a “hot link” on our website that will take you directly to our Health Services page where we will post any updated information and previous communications sent out by the district. As we receive further guidance from the Illinois Department of Public Health (IDPH) and the McHenry County Department of Public Health (MCDPH), we will pass this information on to you. Preventative measures for influenza and swine flu will continue to be part of our health services page. The simplest recommendations that we can share with any influenza is:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it. Cover your nose and mouth with your sleeve if you do not have a tissue.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners also are effective.
- Try to avoid close contact with sick people.

The incubation for the swine flu can be up to 7 days. The IDPH is asking school districts to prepare a contingency plan for confirmed cases in each school district. This, possible school closing, could be in effect for a full 7 day period. We hope that we do not have any students who contract the H1N1 virus (swine flu), however, we think it is important to be prepared and keep our parents informed of the steps we are taking and information we are getting. As parents, you may want to think about what your contingency plan would be if the district was to close until we are given the authorization for consideration of reopening.

Please feel free to send small bottles of hand sanitizers with your child to school. Mrs. Chamerlik is suggesting a small pocket size. We will also be increasing the amount of hand sanitizer products throughout our buildings and in each classroom.

Where can I find additional information?

Centers for Disease Control and prevention (CDC): www.cdc.gov/swineflu/

Illinois Department of Public Health (IDPH): [www.idph.state.il.us/flue/swine flu.htm](http://www.idph.state.il.us/flue/swine%20flu.htm)

McHenry County Department of Health (MCDH): www.mcdh.info

Sincerely,

Dr. Tim J. Mahaffy