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**McHenry County
Department of Health**

Memo

To: McHenry County School Nurses and Health Professionals
From: Mary Lou Ludicky, RN, MPH
Communicable Disease Coordinator
Date: April 27, 2009
Re: Flu Prevention Information

The McHenry County Department of Health is sending out this fax to update you on what we know about the Swine Flu:

- Today, CDC confirmed additional human cases of swine influenza A (H1N1) virus infection in the United States, bringing the total number of U.S. confirmed cases to 40. This includes cases in California, Texas, Kansas, New York City and Ohio.
- Incubation is 2 to 7 days; duration is about 7 days
- Signs and symptoms include: fever, body aches, runny nose, sore throat and also nausea, vomiting or diarrhea.
- Students with flu like symptoms should be sent home and referred to a doctor for testing and/or treatment.
- Students who have been ill with the flu should not return to school until they have been symptom free for 2 days
- The following site provides additional information on the control of influenza in the community, including school settings:

<http://www.cdc.gov/swineflu/mitigation.htm> additional guidance can be found at:

<http://www.cdc.gov/swineflu/guidance/>

The McHenry County Department of Health will continue to update you on this changing situation.