



FOR IMMEDIATE RELEASE

April 30, 2009 – 12:40pm

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Health Department reports probable case of swine flu

WOODSTOCK – McHenry County Department of Health (MCDH) has its first probable case of swine flu. According to lab results from the Illinois Department of Public Health (IDPH), a 40 year old male from the City of McHenry has tested positive for swine flu and has not been hospitalized. This case involved a recent trip to Mexico. Additional testing at the Centers for Disease Control and Prevention (CDC) will confirm the diagnosis later in the week. The Department of Health is MCDH will continue to monitor this changing situation and provide the latest information on swine flu for the protection of its residents at www.mcdh.info. An MCDH call center has also been activated (815-334-4510, select option 1). Centegra Health System also has set up a call center to address questions about swine flu (877-Centegra or 815-236-8347).

Reducing transmission of swine flu is the primary goal. Good health habits – washing your hands, covering your cough and staying home when you're sick – are all ways to protect families from spreading the flu. If you have a cough, fever (greater than 100 degrees), sore throat, body aches, headache, chills and fatigue, and have recently traveled to Mexico (or an area with known swine flu cases) or been exposed to someone who is ill, you should contact your doctor. Antivirals are provided by prescription only for treatment of swine flu.

This outbreak is ongoing and additional cases are expected. Access the CDC's webpage at www.cdc.gov/swineflu or call 1-800-CDC-INFO. In Spanish, visit http://www.cdc.gov/swineflu/espanol/swine_espanol.htm.